NSAND Meeting Minutes

9/23/2017

Via Conference Call

1. Call meeting to order at 15:02 by President, Laura H.
2. Attendance
   1. 2017 President (Laura Hellmuth) - Present
   2. 2017 1st Vice President (Miranda Marx) - Present
   3. 2017 2nd Vice President (Kelci Benson) - Present
   4. 2017 Secretary (Alexandra Hemingson)- Present
   5. 2017 Treasurer (Jenna Mikonowicz) - Present
   6. 2017 Publicity (Maiya Gerde & Rachel Ward) – Present, Present
   7. 2017 Legislation and Education (William Hertz) -Present
   8. 2017 Breakthrough to Nursing (Amanda Bitz)- Present
   9. 2017 Funds (Kiera Paulo)- Present
   10. 2017 Membership (Alyssa Stiles)- Present
   11. 2017 Community Health (Ally Albrercht) - Absent
   12. 2017 Local Arrangements (Heather Bird & Christin Nelson) – Present, Present
   13. 2017 SNOY (Carlee Fleck)- Present
   14. 2017 Grad Consultants (Abigail Richter & Kaitlyn Awender) – Absent, Present
   15. Advisors (Connie Geyer & Karen Zimmerman) – Present, Present
3. Approval of Agenda
   1. Miranda M. motioned for the approval of the agenda. Heather B. second the motion. Motion passes at 15:03
4. Approval of August Minutes
   1. Miranda M. motioned for the approval of August minutes. Heather B. second the motion. Motion passes unanimously at 15:04.
5. Officer Reports
   1. President (Laura Hellmuth)

i. NEDY guidelines reviewed and emails sent to local chapter presidents.

B. First VP (Miranda Marx)

i. Kaplan arranged to do a review session

ii. Break-out session discussion, we may be limited on areas to do the session in.

iii. Three potential speakers.

* 1. Second VP (Kelci Benson)
     1. No report.
  2. Secretary (Alexandra Hemingson)
     1. Eventbrite- goal for this meeting is to set cost and link should be live this coming week.

E. Treasurer (Jenna Mikonowicz)

i. Checking- $ 14892.16

ii. Savings- $ 7649.71

F. Publicity (Maiya Gerde & Rachel Ward)

i. Website Updated with Photos and Bios about each member.

ii. Next project is making flyers and posters for convention.

G. Legislation and Education (William Hertz)

i. Spoke with Patricia Molton from the ND Center for Nursing and she is willing to be speaker.

H. Breakthrough to Nursing (Amanda Bitz)

i. State Leadership competition updates

a. Candidate names are to be submitted by December 1st.

b. Candidate packets are due by January 1st.

ii. Presentations

1. Johnson and Johnson is sending free things for nursing presentations.
2. In-contact with schools and daycares to present on Nursing.
3. Funds (Kiera Paulo)
   * 1. No Report.

J. Membership (Alyssa Stiles)

i. Quarters, Scrapbook, Most Active Chapter competition updates.

a. Sent out emails to local chapters with running numbers of new members and to remind chapters of competitions.

K. Community Health (Ally Albrecht) – Update via Laura H.

i. State Wide Blood Drive in the works. Date to be announced.

ii. Be The Match kits ordered for convention.

L. Local Arrangements (Heather Bird and Christin Nelson)

i. Discussion on food options.

a. Heather and Christin will contact the hotel to see if the meal can be changed to a pasta bar and ensure there are gluten free and vegan options available.

M. SNOY (Carlee Markel)

i. SNOY Competition update

a. Emailing schools in October to remind them to submit SNOY candidate name and guidelines.

N. Graduate Consultants (Abigail Richter & Kaitlyn Awender)

i. No Report.

O: Advisors (Connie Geyer & Karen Zimmerman)

1. No Report.

IV. Old Business

1. Theme
   1. “Be The Change” was selected via Facebook voting.
2. NDNA Conference October 6 & 7
   1. Everyone has registered.
   2. October 6th- Wear Athletic wear. October 7th is business casual.
   3. Plan on being there until 3pm on October 7th. There is a NDNA meeting in the morning, a lunch provided by NDNA, a small joint meeting and then the NSAND meeting following.
   4. No Phones or computers out during presentations or meetings.

V. New Business

A. Convention Tentative Schedule

a. There is a one hour time change since Dickinson is on Mountain time. Discussion on moving dinner earlier and what to switch out. Brainstorm ideas and this will be further discussed next meeting.

B. Convention Suggestions

i. Key note speaker ideas

a. Trish Strom- Motivation for new Nurses and keeping the enthusiasm for practice

b. Missy Axe- Speaking from a patient’s perspective and how it impacted her nursing career.

ii. Breakout Session ideas

1. Instructor on working in a magnet hospital and the role of nurses.
2. Nurse that has overcome drug addiction/ diversion.
3. Maintaining a healthy lifestyle as a nurse and student- Sara H.
4. Aromatherapy and Massage- Jocelyn
5. Mental health and stress relief.
6. Leadership in Nursing – NDNA/ NSAND/ ND CFN- Patricia Molton.
7. Emergency Relief nursing/ disaster preparedness

iii. Vendor ideas

1. Uniform vendor
2. Logo Magic
3. Nursing Homes
4. Clinics
5. Hospitals
6. Travel Nursing Company
7. Kaplan
8. Trinity
9. NDNA
10. Thirty-One and other direct sales

iv. Sponsorship ideas

1. Sanford in Bismarck for Sponsorship. Laura will follow up with.
2. Eventbrite Rates
   1. 60.00 for Early Bird Rate, 65.00 for 2 weeks before the conference and 70.00 at the door.
   2. 100.00 for Vendor Space.

VI. Next Meeting Date will be October 7th after lunch with NDNA in Bismarck, ND.

VII. Set Meeting Date for November and December.

1. November 4th- 3PM via Conference Call.
2. December 2nd- 3PM via Conference Call.

VIII. Meeting Adjourned at 16:20

Submitted by: Alexandra Hemingson, Secretary